

# CORONAVIRUS (COVID-19) SYMPTOMS



**COUGH**



**FEVER**



**SHORTNESS OF BREATH**

## PLEASE CALL AHEAD BEFORE GOING TO THE CLINIC

Respiratory Clinics	Telephone	Day and Time of Service
<b>Eastern Iowa Health Center</b> 1201 3 <sup>rd</sup> Ave SE Cedar Rapids, IA 52403	(319) 730-7300 <b>After Hours</b> Mercy Emergency Department: (319)398-6042 St. Luke's Emergency Room: (319)369-7105	<b>Monday-Friday</b> 8am-5pm <i>Respiratory patients are seen in EIHC Respiratory Tent by appointment.</i>
<b>MercyCare Marion Urgent Care</b> 3701 Katz Drive Marion, IA 52302	(319) 373-3022 <b>After Hours</b> Mercy Emergency Department: (319)398-6042	<b>Monday-Friday</b> 7am to 7:30pm <b>Saturday and Sunday</b> 8am to 3pm
<b>MercyCare Prairie Creek</b> 777 76 <sup>th</sup> Ave SW Cedar Rapids, IA 52404	319-558-0368 <b>After Hours</b> Mercy Emergency Department: (319)398-6042	<b>Monday-Friday</b> 8am-5pm
<b>UnityPoint Clinic Urgent Care Westdale</b> 2375 Edgewood Rd SW Cedar Rapids, IA 52404	(319) 730-9532 <b>After Hours</b> St. Luke's Emergency Room: (319)369-7105	<b>Monday-Friday</b> 8am-5pm By appointment only with provider referral

If You are Sick	If You Live, Work, or Drive with Someone Who is Sick
<ul style="list-style-type: none"> <li>Stay home and do not go out until you have had no fever (without use of medicines that reduce fever) for at least 24 hours (1 day) <b>and</b> symptoms have improved <b>and</b> 10 days have passed since your symptoms first appeared.</li> <li>Avoid public transportation and ride-sharing if you go out for medical care</li> <li>Separate yourself from other people and pets in your home.</li> <li>Monitor your symptoms and follow care instruction from your doctor.</li> <li>Wear a cloth covering over your nose and mouth</li> <li>If you need medical attention, call ahead</li> </ul>	<ul style="list-style-type: none"> <li>Stay home and isolate yourself for 14 days and monitor your symptoms since there is a possibility that you may be exposed</li> <li>Avoid sharing personal household items, like dishes, towels, and bedding</li> <li>Wash your hands often with soap and water for at least 20 seconds</li> <li>Avoid touching your eyes, nose, and mouth</li> <li>Every day, clean all surfaces that are touched often, like counter, tabletops and doorknobs</li> </ul>

**If you need help with any other issues such as with food and essential items, set up appointments and interpretation with medical providers, applying unemployment, WIC, LIHEAP, and safety and other issues, Call EMBARC at the following number under your language**

Language	French	Lingala	Swahili	Karenni	Karen	Chin
<b>Telephone</b>	515-216-0654	515-216-4329	515-216-0611	515-216-0712	515-216-0143	515-216-0974