

SUBSIDIZED HOUSING & ASSISTANCE, CONT'D.

Geneva Tower
310 Fifth Ave. SE 366-0454

Glenbrook Apartments
4815 First Ave. SW 396-3899

Hawthorne Hills
2283 C St. SW 365-1497

Irving Point Affordable Assisted Living
910 Seventh St. SE.....294-5007

Kingston Hill Independent Living
202 12th St. NW540-7142

Linwood Apartments
4845 Johnson Ave. NW 396-7785

Margaret Bock Housing
1021 Third Ave. SE 361-6871

Meadows Apartments
1030 Memorial Dr SE 365-8444

Moundview Manor (for persons age 62+)
2501 Hwy 13, Marion 373-8302

Oak Hill Manor
1301 15th St. SE 362-6378

Oak Park Village
1350 15th St. SE362-7759

Oak Village
101 S. 11th St., Marion 377-1347

Project Independence (for the disabled)
4002 Sherman St. NE 393-4799

Westover Manor
205 40th St. Dr SE 363-3086

ELDERLY RESOURCES

Aging Services..... 398-3644

Alzheimer Association - East Central Iowa Chapter
317 Seventh Ave. SE, Ste. 402..294-9699 or 800-272-3900

Heritage Agency on Aging
6301 Kirkwood Blvd. SW 398-5559

LIFTS (transportation)
625 First Ave. SW 892-5170

Milestones Adult Day Health Center
1725 O Ave. NW 398-3647

Rider’s Club of America—Cedar Rapids
1700 B Ave. NE, Ste. 213 ..(transportation) 365-1511

Social Security Administration 800-772-1213

Witwer Healthy Aging Program
317 Seventh Ave. SE, Ste 302B398-3644

Early ACCESS (age 0-3 with developmental delays)
4401 Sixth St. SW 399-6746

Early Childhood (age 3-5 with developmental delays)
4401 Sixth St. SW399-6746

118 Third Ave. SE, Ste. 431 861-2747

Equipping Youth w/ Powerful Choices (addresses risky behavior)
1700 B Ave. NE, Suite 209 861-2747

Four Oaks:

- CD+/ASAC (conduct disorder, substance dependence)
3601 16th Ave. SW 390-4611
- PHASE (day treatment)
1924 D St. SW 862-0060
- Regional Office
5400 Kirkwood Blvd SW 364-0259

Girl Scouts of Eastern Iowa & Western Illinois
317 Seventh Ave. SE 363-8335

Grant Wood Area Education Agency
4401 Sixth St. SW 399-6700 or 1-800-332-8488

Heartland Youth for Christ
2600 First Ave NE.....393-7996

Horizons - A Family Service Alliance
819 Fifth St. SE 398-3943

Jane Boyd Community House (call for programs)

943 14th Ave. SE 366-0431

Linn County Juvenile Detention Center (Youth)
800 Walford Rd. SW.....892-5735

Linn County Youth Services
520 11th St. NW892-5728

Metro Care Connection (health care)
Clinics at Taylor ES, Metro HS, and Wilson MS558-2481

Tanager Place (foster care, adoption, mental health care)
2309 C St. SW365-9164

YMCA

- Helen G. Nassiff, 207 Seventh Ave. SE366-6421
- Stoney Point, 300 Stoney Point Rd. SW390-3488
- Marion, 3100 10th Ave.377-7361

Youth First (correctional system programs)

- Peer Group Program 892-5720
- Children of Promise Mentoring Program398-3907
- Youth Leadership 398-3907

PSYCHIATRISTS

Abbe Center for Community Mental Health
520 11th St. NW 398-3562

Associates for Behavioral Healthcare
1510 Boyson Rd. Hiawatha 396-1066

Cedar Centre Psychiatric Group
1730 First Ave. NE 365-3993

MercyCare Outpatient Psychiatry
701 10th St. SE 369-4777

TRANSITIONAL HOUSING & ALTERNATIVE LIVING ARRANGEMENTS

Abbe Transitional Living Programs
520 11th St. NW 398-3562

Area Substance Abuse Council

- Adult Halfway House, Dual Diagnosis Recovery Center
3601 16th Ave. SW 390-4611
- Heart of Iowa Program
4050 Bowling St. SW 862-1050
- The Way Home Apartments
5480 Kirkwood Blvd. SW363-3985

Catherine McCauley Center (women only)
866 Fourth Ave. SE 363-4993

Discovery Living, Inc.
1015 Old Marion Rd. NE 378-7470

Foundation 2 Transitional Living Program (youth)
1500 Second Ave SE 368-3376

Four Oaks (youth)
5400 Kirkwood Blvd. SW 364-0259

HACAP Inn-Circle
5560 Sixth St. SW 366-7631

HACAP Transitional Housing366-7631 x6020

House of Hope (Christian-based)
1744 Second Ave. SE..... 366-4673

Penn Center Housing
740 15th Ave. Hiawatha.....743-9516

Safe Place
527 Sixth Ave. SE 366-3430

Tanager Place (youth)
2309 C St. SW365-9164

FAMILY RESOURCES

Access 2 Independence of the Eastern IA. Corridor, Inc.
601 Second Ave. SE, Ste. 403.....319-338-3870

FAMILY RESOURCES, CONT'D.

American Cancer Society
4080 First Ave NE, Ste 101..... 365-5241

American Diabetes Association
317 Seventh Ave SE, Ste 202B..... 247-5124

ARC of East Central Iowa (daycare, family support, etc.)
680 Second St SE, Suite 200..... 365-0487

Bridgheaven Pregnancy Support Center
701 Center Point Rd NE 364-8967

Child Support Recovery1-888-229-9223

Coalition to Augment the Bus System (CABS)
450 First St. SE.....363-1321

Community Health Free Clinic
947 14th Ave. SE363-0416

Department of Human Services
Title 19, Food Stamps, Child Protection Services
411 Third St. SE..... 892-6700

Family Resource Centers:

- Harambee House.....366-1408
- Inn Circle Head Start/Early Head Start Center366-7631
- Marion Head Start/Early Head Start Center447-5816
- Linn County Child Development Center.....892-5700

Unity Point St. Luke’s Hospital - Support Groups
1026 A Ave. NE

- Breast Feeding Friends369-8944
- Empty Arms Support Group369-7347
- New Beginnings: Adjusting to Motherhood..... 369-7580
- Parkinson’s Support Group369-7331
- Spinal Cord Injury Support Group.....369-8944

Waypoint Services
318 Fifth St. SE 365-1458

- Journeys Through Healing (M 6:30-8pm)
- Finding Your Voice (T 6:30-8pm)
- Seeking Change (T 6:30-8pm)
- Healing Together (Th 6-7:00pm)

OTHER RESOURCES*

*Additional resources may be found on the Linn County Community Resources Website: www.linncounty.org under Resource Sheets.

**PLEASE CALL
319-221-1184
WITH ANY CHANGES!**

Tell Me Where To Turn

Published By



**601 Second Ave. SE
P.O. Box 945
Cedar Rapids, Iowa 52406-0945**

319-221-1184

www.namilinncounty.org

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ADULT MENTAL HEALTH SERVICES

Abbe Center for Community Mental Health

Adult Day Treatment, Community Support Services, Intensive Psychiatric Rehab, Club 520 (Social Support Center), Outpatient Therapy, Medication Management, Integrated Health Home Svcs, Program for Assertive Community Treatment, Transitional Living Svcs
520 11th St. NW398-3562

Catholic Charities
420 Sixth St. SE, Ste. 220..... 364-7121

Cedar Centre Psychiatric Group
1730 First Ave. NE365-3993

Cornerstone Brief Therapy
5925 Council St. NE, Suite 120393-6796

Crisis & Assessment Services
701 10th St. SE398-6476

Family Psychology Associates, PC
1221 Center Point Rd. NE378-1199

Foundation 2 Crisis Center
1540 Second Ave. SE.....362-2174

Harambee House
404 17th St. SE366-1408

Horizons – A Family Service Alliance
819 Fifth St. SE398-3943

Keys to Living (Christian-based)
1642 42nd St. NE377-2161

Marriage and Family Therapy Clinic – Mt. Mercy Univ.
1650 Matterhorn Dr. NE 368-6493

Mercy Family Counseling
1340 Blairs Ferry Rd., Hiawatha398-6575

Unity Point Health - Adult Partial Hospitalization
810 First Ave. NE369-8176

UnityPoint Health - St. Luke's Counseling Center
1077 N. Center Point Road, Hiawatha.....369-7952

Veterans Administration Cedar Rapids Clinic
2230 Wiley Blvd. SW.....369-4340

SUBSTANCE ABUSE COUNSELING

Alcoholics Anonymous, Al-ATeen, Al-Anon.....365-5955
ANCHOR Ctr. Outpatient Substance Abuse Treatment Individuals involved with the Criminal Justice System
3115 12th St. SW..... 297-3500

ASAC (Adult Residential, Outpatient Clinic)
3601 16th Ave. SW 390-4611

ASAC Heart of Iowa Mother & Child Recovery Center
4050 Bowling St. SW862-1050

Mercy Hospital –Sedlacek Chemical Dependency Treatment Center, Dual Diagnosis Program, other treatment services
5975 Rockwell Dr. NE.....398-6226

Johnson County Livable Community
430 Southgate Ave., Iowa City 1-319-351-4357

Narcotics Anonymous (Cedar Rapids).....800-897-6242

St. Luke’s Chemical Dependency Services
810 First Ave. NE 363-4429

The Salvation Army
1000 C Ave. NW 364-9131

DOMESTIC & FAMILY VIOLENCE SERVICES

Batterer’s Education Program
951 29th Ave. SW 398-3675

Horizons - Child Witness to Violence
819 Fifth St. SE 398-3943

UnityPoint Health Child Protection Center
1095 N. Center Point Rd. Hiawatha..... 369-7908

Waypoint Domestic Violence Program & Shelter

318 Fifth St. SE..... 365-1456
Domestic Violence Crisis Line1-800-208-0388

CRISIS/EMERGENCY

United Way 211 (24/7 Information & Referral)
..... 398-5372 or 866-469-2211

Abbe Center for Community Mental Health
520 11th St. NW 398-3562

Alcohol A 24 Hour Helpline of Recovery366-3118
Alcohol Treatment Ctr. 24 Hour Helpline .. 800-260-4014

American Red Cross
6300 Rockwell Dr. NE393-3500

DHS Child Abuse Reporting
411 Third St. SE, Ste. 300 892-6800

Mercy Medical Center ER (24/7)
701 10th St. SE398-6037

Foundation 2 Crisis Center (24/7)
Hotline & Services362-2174

UnityPoint St. Luke’s Hospital ER (24/7)
1026 A Ave. NE369-7105

National Suicide Prevention Lifeline (24/7....800-SUICIDE)
Waypoint Domestic Violence Program & Shelter

318 Fifth St. SE
Domestic Violence Crisis Line1-800-208-0388

EMERGENCY HOMELESS SHELTERS

American Red Cross
6300 Rockwell Dr. NE 393-3500

Cedar House Shelter
603 Second St. SW 364-2630

Catholic Worker House
1027 Fifth Ave. SE 362-9041

Foundation 2 Youth Shelter
3015 12th Ave. SW 366-8797

Madge Phillips Center for Homeless Women & Children
318 Fifth St. SE 366-7999

Willis Dady Shelter
1247 Fourth Ave. SE..... 362-7555

HOT FOOD

First Lutheran Church (Saturday 4:30-5:30)
1000 Third Ave SE365-1494

First Presbyterian Church (Sunday 4:30-5:30)
310 Fifth St. SE364-6148

Green Square Meals
605 Second Ave. SE.....365-6652

Heritage Area Agency on Aging (senior dining)
Noon meal

Call for meal sites398-5559

Neighborhood Meal & Enrichment Program
(M-F during summer months, 11:30 a.m. to 1 p.m.)

▪ St. Paul’s United Methodist Church
1340 Third Ave. SE363-2058

Mission of Hope (M-F, 12 to 1 p.m.)
1700 B Ave. NE365-1782

The Salvation Army (M-F, 8-9 a.m. and 12-1 p.m.)
1000 C Ave. NW 364-9131

FOOD

Abundance of Love Food Pantry
Christian Missionary Alliance Church
1622 42nd St. NE393-4606

Churches of Marion Pantry
864 12th St., Marion.....377-7309

Crossroads Mission
1006 Second St. SW.....365-0707

Department of Human Services
411 Third St. SE 892-6800 or 892-6700

Eastview Christian Church Food Pantry
727 Collins Rd. NE.....393-9570

First Baptist Church Food Pantry
1260 29th St. Marion.....377-3275

Heritage Area Agency on Aging (meals for seniors)
6301 Kirkwood Blvd SW 398-5559

Horizons – A Family Service Alliance
Meals on Wheels Program..... 398-3574

Christ Holiness Apostolic Temple-The King’s Kitchen
355 19th St. SE365-9594

Linn Community Food Bank (First Presbyterian Church)
310 Fifth St. SE364-3543

Linn County Veteran Affairs – Military only
1240 26th Ave. Ct. SW.....892-5160

Loaves and Fishes
1251 Third Ave. SE363-2029

Metro Catholic Outreach
420 Sixth St. SE.....739-5490

Mission of Hope
1700 B Ave. NE365-1782

Open Hands Food Pantry, Cedar Hills Community Church
6455 E Ave. NW.....396-6608

River of Life
3801 Blairs Ferry Rd. NE 393-3709

St. Vincent de Paul
928 Seventh St. SE365-5091

The Salvation Army Food Pantry
1000 C Ave. NW364-9131 ext. 110

CLOTHING & HOUSEHOLD ITEMS

American Red Cross
6300 Rockwell Dr. NE..... 393-3500

Birthright of Cedar Rapids
375 Collins Rd NE 393-3251

Crossroads Mission
1006 Second St. St SW365-0707

First Presbyterian Church Thrift Shop
310 Fifth St. SE 364-6148

Goodwill of the Heartland

▪ West Store (2000 Scotty Dr. SW) 654-9585
▪ East Store (5520 Council St. NE)378-0393

▪ South Store (2405 Mount Vernon Rd. SE).....739-5080
▪ Marion (3202 Seventh Ave.)373-0480

Harambee House
404 17th St. SE 366-1408

Helping Hands Storeroom
First Presbyterian Church, 802 12th St, Marion377-7309

Phillips Center (women and children)
318 Fifth St SE 366-7999

Olivet Clothing Closet
230 10th St. NW 364-7946

The Salvation Army Thrift Stores

▪ 717 Third Ave. SE 365-9333
▪ 2504 Seventh Ave. (Marion)373-3373

St. Vincent DePaul
928 Seventh St. SE 365-5091

Taylor Family Resource Center
Taylor Elementary School-South Gym
720 Seventh Ave. SW 558-2084

Treasures Resale Shop
405 Eighth Ave SE..... 364-1988

FINANCIAL, SOCIAL, OTHER ASSISTANCE

Area Payee Services
1436 L St SW, 364-9800

Financial Counseling Center
Credit Counseling and Debt Management
4403 First Ave. SE, Ste. 402.....373-8297

Horizons – A Family Service Alliance
819 Fifth St. SE.....398-3943

Integrity Bonded Services, Inc. Debbi Orr
4635 Westchester Dr. NE, #C.....debi.orr@gmail.com

Iowa Legal Aid
317 Seventh Ave. SE, Ste. 404..364-6108 or 1-800-532-1275

Systems Unlimited, Inc.
925 American Way SW.....377-9788

Optimae Life Services
2750 First Ave. NE, Ste. 420.....364-4799

Eastern Iowa Health Center
1201 Third Ave. SE.....730-7300

Linn County General Assistance (financial assistance)
1240 26th Ave. Ct. SW..... 892-5850

Linn Co. Rx/NACo Prescription Discount Card Program
1240 26th Ave Ct. SW 892-5600

Neighborhood Transportation Services (NTS)
317 Seventh Ave. SE 363-1321

Olivet Neighborhood Mission
Head Start/Clothes Closet/Youth Programs

230 10th St. NW 364-7946

Parent Education Consortium (PEC)
1120 33rd Ave. SW 399-6809

Partnership for Safe Families
Imago Christi Presbyterian Church
1700 B Ave. NE 286-0773

Planned Parenthood of the Heartland
3425 First Ave. SE. Ste. 100 363-8572

UnityPoint St. Luke’s Dental Health Center
855 A Ave. NE, Lower Level 1 369-7730

Young Parents Network
420 Sixth St. SE, Ste 260,,..... 364-8909

EMPLOYMENT RESOURCES

Division of Vocational Rehabilitation Services (DVRS)
Executive Plaza Building (for the disabled)

4444 First Ave. NE, Ste. 436.294-9308

Goodwill of the Heartland
1441 Blairs Ferry Rd NE 393-3434

Iowa WORKS
4444 First Ave. NE, Ste 436 (Lindale Mall)..... 365-9474

Promise Jobs
4444 First Ave.NE, Ste 436 (Lindale Mall)..... 365-9474

Options of Linn County (for the disabled)
1240 26th Ave. Ct. SW..... 892-5800

Vocational Rehabilitation
4444 First Ave. NE . Ste. 436 294-9308

Workforce Investment Act
4444 First Ave. NE, Ste. 436 (Lindale Mall)..... 365-9474

SUBSIDIZED HOUSING & ASSISTANCE

Cedar Rapids Housing Services Department
101 First St. SE 286-5872

Cedar Village Senior Residences Apartments
193 Jacolyn Dr. NW 396-9083

Five Seasons Senior Housing
1225 42nd St. SE 399-1550